

רעיונות Reflections

Parshas Bereishis

פרשת בראשית

הסתכל באורייתא וברא עלמא

Hashem looked into the Torah — and from that vision, the world was born.

Before there was light, before there was time,
there was Hashem looking and saying:
“I see you. I want you to exist.”

That look became the soul of the world.
We were created to be seen —
to live with the quiet awareness that we matter.
Because being seen is what gives life its breath.

Later in the parsha, Rashi says on the pussuk
ויכל אלהים ביום השביעי
מָה הָיָה הָעוֹלָם חֹסֵר? מְנוּחָה, בָּאת שָׁבֶת בָּאת מְנוּחָה, כָּלֵתָה וְנִגְמְרָה הַמְּלָאכָה

When Shabbos came, the world found Menuchah —
that deep calm that comes when you finally feel seen.

Menuchah is the rest that comes from being held in Hashem's gaze,
from knowing that even as you're still becoming, you're already
needed.

The world began with Hashem seeing you.
It's complete only when you see yourself the same way.

שמעתי בשם הרה"ק מפרשיסחא זצ"ל, שאף שהנפשות מתקטנים בכל
דור, מ"מ הנקודה שבלב נטהר בכל דור ודור יותר. (פרי צדיק פרשת ויחי)